



# *Akitas Judo Club*

Southend Leisure & Tennis Centre, Garon Park, Eastern Avenue, Southend-on-Sea, Essex SS2 4FA

sensei@akitasjudo.com    www.akitasjudo.com

Newsletter: Issue 5, August 2005

秋田 柔道  
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# Welcome to the Official *Akitas* *Judo Club*

## Newsletter

### Issue 5, August 2005



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Welcome to the fifth Akitas Judo Club Newsletter!

Yet again, things have been busy, with the Website building itself up, the new badge finally becoming available, and of course – the theory and senior grading.

A quick word on how the club is progressing – we should all feel proud at the atmosphere that has been created and is holding up. It's not easy starting a club or a new sport, but the club is coming along brilliantly. Whilst we could still do with attracting some more juniors, we are still regularly welcoming new members. The senior mat has been a great success, with numbers up almost each week. A big thank you to you all, and I hope that you continue to enjoy the club.

## Grading

Even at short notice, everyone did themselves, and the club proud!

Not least, the clubs first ever 'Kano's, Miles and Ben Adler, achieving their Kano 1 and Kano 2 awards respectively. The Kano Award scheme has been created by the BJA for 5-8 year olds, for more details visit the 'gradings' section of the website.

Two Juniors also attended, and again two brothers! David James managed to complete his 6<sup>th</sup> Mon grade (Yellow + 3 tabs), whilst his brother, Ben James, further extended his theory grade to 10<sup>th</sup> mon.

The seniors were also

on show, with: Paul Greenwood, James Hall, Andreas Killi, Gino Muscat, James Williams and Robin Williams all securing their 9<sup>th</sup> Kyu (yellow belt). Not content with this, they all also managed to pass their theory further; with Paul Greenwood, James Williams and Robin Williams all passing up to their 7<sup>th</sup> Kyu (Higher Orange). James Hall, Andreas Killi and Gino Muscat all passed up to 6<sup>th</sup> Kyu (lower green), and finally, Darren Ottley and Leanne Stockwell both managed to pass their 5<sup>th</sup> Kyu (higher green) theory. A Special note to Lee Ellis who confirmed his 1<sup>st</sup> Kyu theory.

Everyone with a theory grade will have the opportunity to prove themselves on the 31<sup>st</sup> of July. I also intend to finally get the points towards my 3<sup>rd</sup> Dan; I just have to hope there are enough Dan grades there! So when I tell you that I know how you feel...

Congratulations everyone that took part, and good luck on the 31<sup>st</sup>!

## Kamiko / Akitas Shiai

An excellent opportunity to test yourselves prior to the grading (including all of you juniors taking your grades on the 7<sup>th</sup> August), and indeed the perfect chance to see how you have progressed, will be the competition between Akitas and the three Kamiko clubs on Saturday 23<sup>rd</sup> July. I would fully expect all of you to try and attend, as there are many at the Kamiko clubs of varying quality ages and size, and I would hope that most of you would be able to achieve a medal.

## Kamiko / Akitas Squad

The first session of 'Squad Training' followed the grading on Sunday 10<sup>th</sup> July. Whilst there was not much warning, there was a good attendance, and subsequent days are being booked. We intend to hold one of these days per month, and whilst August may again be a little hurried, we will be organised for the subsequent months.

You will have received the information regarding the squad, with its 3-tier system and shoulder strip. Please be aware that the idea of the squad is to create champions – you do not need to be one to start! More details will follow –

## Judo Suits for Sale

The club can provide all your Judogi's at low cost.

Our basic range is ideal for beginners. These bleached whites are:

110's = £19	160's = £26
120's = £19	170's = £27
130's = £20	180's = £28
140's = £22	190's = £30
150's = £23	200's = £31

*We can also provide the cheaper unbleached gi's all the way to Olympic quality!*

*– please ask for prices.*

Remember though! We need at least three orders to avoid Postage & Packing charges!

Cheques made payable to 'Akitas Judo Club'



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and the first place to hear about this and everything else is the website.

## Website

The website is still progressing. In particular, this month has seen the inclusion of a gallery, and also gradings pages with techniques shown in either a photograph, or in the case of throws and moving techniques, videos. I intend to make this an excellent training resource, and enjoyable for all.

If you haven't already used it, please take a look at the Forum. The more people that use this, the better that it will become, and of course, the more hits the site will get (important as this will push the site up in search engines).

Any ideas for improvements, please email me at [sensei@akitasjudo.com](mailto:sensei@akitasjudo.com)

We can now offer email addresses, ie 'adam@akitasjudo.com. These are for sale at £5 per year to help with website costs. We are also developing individual webpages for Judoki showing grades, medals won, courses attended, squad info, merit badges awarded etc. The basic package will be £10 set-up fee, with a £5 charge per year. Having a webpage cuts the cost of an email address to just £2.50. Here is an example of a Kamiko page, Akitas ones will be more in line with the clubs image:



Please get in touch by email

([sensei@akitasjudo.com](mailto:sensei@akitasjudo.com)) if you want the link to the page to take a better look, or if you would like to take the plunge and sign yourself up to a page!

The basic package includes a frontpage and a Merit Badge Scheme check-off sheet. The additional pages are being worked on and should be decided upon shortly. The best place to check progress on this is the Forum.

## New Club Badge.

Finally, the club badge was unleashed at the start of July. Those of you that bought a suit through the club and still haven't received your free mini-badge, please let me know!

As many badges on for the grading and the Kamiko/Akitas Shiai as possible, please!

We will also, eventually, have t-shirts, bags etc available. As ever though, patience for these items!

## New club opening.

Please be aware that I now have a new job. Whilst I expect to have more than enough work to do, I will now be able to open a second night/day (or indeed further clubs) much easier, as I will not have to commute. Any preferences please let me know. We will almost certainly be using a different hall for this, in an effort to



Saturday 23<sup>rd</sup> July  
Burnham Ramblers FC

Don't forget the Inter-club competition this Saturday (23<sup>rd</sup> July)! All Akitas members are more than capable of doing themselves justice, and categories will be organised to ensure suitable opponents. Get your applications in ASAP!

get the name more widely known. October is my provisional opening date for the first club, but September is now looking a little more likely!

## Spread the Word!

Anyone that can advertise, get press attention, or just bring a friend - please do!

We have loads of adverts and flyers at the club on a Thursday, just ask and we will pass some to you!

## Nestle

The club has been approached by the BJA on behalf of the food's giant Nestle. After gauging responses, the club will go ahead with a promotion deal with the company. Whilst we will not see any financial agreement, we do hope that the promotion that Nestle have planned will bring in many new faces; and of course, the more the merrier!

If anyone has any ideas of furthering promotions, please let me know!



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## Want to be more involved?

We welcome all participation in the clubs behind-the-scenes activities. Whether it be an article for the clubs website, an

## Embroidery!

The club can now have clubs Embroidered, with names on the 'skirt' of the jacket for £10, and the Japanese Script for 'Akitas Judo' :

秋田 柔道  
Aki-ta Judo

at only £15 per suit (£12.50 for Gi sizes 140 and below).

The names are on show by Sensei, and the Full design will be on show in the next week or two.

article for this newsletter, helping to run events, or even a desire to get on the coaching or refereeing ladders. Please, please, make me aware of this and I will do all I can to incorporate you and your ideas.

As for the articles, the more we have in this newsletter and on the website, the stronger each area will be. So get writing! Or do you have any ideas of items you wish were included? Let us know!

## Email

Along with the advertised email address sale (£5 per year per mailbox (akitasjudo.com, or akitasjudo.co.uk), £2.50 if you also have signed and paid up for the webpage- Judo-CV); it is often easier to drop an email to you to let you know of upcoming events and internet updates.

Please email me at [sensei@akitasjudo.com](mailto:sensei@akitasjudo.com) if you have not already given me your email address!

## New Members

As usual, a warm welcome to all that have started at the club this month. We

hope that you all have enjoyed your time with us so far, and look forward to having you here for a long time to come!

## Best Wishes

A special message to Matthew Bruty, Steve Sexton and Andrew James; all of whom are recovering from injury. The club sends its warmest regards!

## NurseryRhymeTimes

Handpainted baby and children's rooms.

Stimulate your child's imagination...



Do they want to live in 100 Acre Wood with Winnie-the-Pooh and Piglet too...

Or perhaps dream on the Island of Sodor with Thomas and friends

Be a part of Fimble Valley

Or play with Tinky Winky, Dipsy, LaLa and Po?

Babies and Children's rooms transformed into your child's favourite place and filled with their favourite fictional friends.



For an informal consultation and to discuss your wishes please call Adam or Sally on 01702 296292

[www.NurseryRhymeTimes.co.uk](http://www.NurseryRhymeTimes.co.uk)

## Alas...

This is the end of another newsletter, any comments please do not be hesitate to contact me by email [sensei@akitasjudo.com](mailto:sensei@akitasjudo.com), mobile (text's are fine!) 0775 382 0439, or at home on 01702 296292.

And please do get in touch! We need to know what you think so that we can make improvements, and once again – the forum is and excellent place to meet other Judoki, as well as let us know how you feel!

Yours In Judo,

Adam Hutchins 2<sup>nd</sup> Dan Sensei, Akitas Judo Club